

ægj] fM :j foQ ; 3Lo u0f/fHoÆ

g]kfnd08n

-P]t xfl; s ; Ldfgf, tYo j InwFf\_

Hofkf}

GXoAj Mx M kf=8f= th; L/d aß  
pkshklt nDagl af4 lj Zj lj Bfno

gj] fM /fli6@ /fhgllts ; Dd]hg

!!@& sf]fuf kf? - bltof

gj] fM b]ba"

lgi7fgGb dfu{ cf]axfM of

# gkfn08n

Ij Zj of Oltxf; o\gkfn bðof Ij lzi6 yfo\ b' uls+ofgfm enl; +ufzj sy+; #f/o\enlu' Dx; Lsf laofRj g . gkfn /fhoof\ dxTj kOf{lj Zj of bsno\thfml' ; u/dfyf -Mount Everest\_ bu' efufjhs blj6sf0f-clts-æxTj kOf{klf vM. dÛ' clts+ ufzj do tYo vM zflGtof cubt dxfdfgj l; 4fy{ufzj d a4 gkfn o\X]hGd hù'. ufzj d a4of cubt tik-æmsR508 a4 j sgsdlg a4lk-g-gkfn o\X]alk+vM j ysy+Tj Zj of Gxolj]rlwæ' bð\gkfn of ylu' x]clts-ufzj ddo Oltxf; b' j jf:tlj stf b'.

Pljtxfl; s k[7eld0 cMbog j cg; Gwfg ofoæno\enlu' bð\gkfn kfrlg sfnlj; jx]ægkfn d08næ wsfm gf+fm. dGbm bo\$fm khf chf ofoÛ' rng cfm ts-yft-x]blg . dGbmno\sgb|dVolj Gb'vMwM f yls of Kov j ylu' wld\$ j ; f:s[ts k/Dk/f sy+ rfsM bo\$fm tlvæ' dGbm bo\$. cyx]5u"/fhoof sgblj Gb'/fhwfgl vMwM f yls of lnSs lnSsof lft cyfæ kft kSs+dn]hbfm 5u"/fhoof dGbm afæ0 . cyx]gkfn d08nof g+fhwfgl j yls of lnSs lnSs kzf; lgs lftlo 0sf0f -lhNnf j f kft\_ b'. ysy+ cfd hlj go\kfrlg sfnlj; jx] /fhoof ægkfn d08næ wfoÛ' rng bu' Oltxf; -kdfloft oflu' b'.

## gkfn bðof gdfs/of

Yj bðof gdfs/of kfrlofs afvFefiffut j hftut JoVof cflb cfw/o\j j jgf ofgftlu' b'.

kfrlofs afvFsy ægæ gf-æfDx Clif-kfnðml' bð'hùln+Tj bðof gf-gkfn hù' vM.

efiffut JoVof of cfw/o\Taatl ± j dl{efiff sy-ægæ vlf mbf cy{æ5k j ægj f; yfo\ j ækfnæ vlf mbf cy{æprngæ vM. ysy-gkfn of cy{prng t; s-bu' bðvM j f æprng of 5æ vM. kfrlg ef/to\gkfn bð\prng of ; dfgof lgtæ-gfæml' bðvM. sfblnoof æcyz f: qæ gf of ulyo\gkfn bð\prng l; dfgof ptkfbgo\gfæml' bðvM wsfm Gxoygftlu' b'.

nfrf efiffo\k]L{gkfm j l; lSsdof ægæ gf+aoftlu' b'. pu' efiffsy+Tj vlf mbf cy{vM ædg"Rj gÛ' vfk l j f kfsj æ . Yj bzo\o\sj vfk l j f ukrit b'. ylk-klj q ukrit wld\$ JoLomk j f u?lk-Rj gfm tk: of of0 . yhoflu' klj q ukrit bu' bð'hùln+ Yj bðof gkfn woftlu' vM.

gkfn o\bu'bsj l; a]khfæ j z fj nl æufkfn/fh j z fj nlæ sy-ægkæ gf of ufkfn -; fk' to\ a: tl bu' bðvM. gkfn vlf M lgu"vlf M ægk±cfnæ cyj f æcfnæ : j fgml bu' vM. j lgu"vlf mbf cy{gk hft of dgt Rj glu' yfo\ vM. ysy-gkfn gk gf of ; fk' to\ a: tl Hofgftlu' bðvM. kfu Oltxf; sfno\ rfmxf h0lk-dgt yllks]bu' ; f j : tt Hj gfm yllkgu' x]nflu j yllkg ; f j : tt to\ go]Tj g]dfnm hofRj gl . yyx] of gfm hofRj lk+ fk' to\ æl]pkTosf ym j yllkg ; f j : tbf nflu g; f Hj n+rhm; a; fæ; of lgtæ-kfo\su'nmlkno\bu' ; /lft j dÛ' l'rhkfv]g+Tj lu' lft buin-yg x]yft-Rj gÛ' yfo\ of gfm Rj g . ysy+ Yj lft o\sl/a ! & u' z t fAb Oæ; ægkæ gfælk+ fkt j ofm: yfol ?ko'Rj gÛ' yfo\bo\$ n j syx+Tj sf; hbfj g . ægkæ hft of æcfnæ hùln-ægkfnæ gf-50u' hh . z?0 gkfn lft ylu' pkTosfoft hs Gxoyæ h0dM. qmids ?ko\sfngt/ yu' lft kfv] zfl; t kfs lft gkfn gfd-æx l; n . yu' lft efufjhs ; fdl/s j cfly\$ ylyl klkfv]kfo\ hùln-æ0/ j blifof of ; Qluf ylyl lft o\kflts /fhg]ts ; fdl/s, cfly\$ ; fdlhs cflb xlg+ d: of w: j fluln+ ylu' ; /lff of nflu ylu' lft o\ ofm z/offylæ hbfm Rj g . 5u' lft o\ n; M bF; xj f; oflano\ fdlhs, wld\$ ; f:s[ts efj gf of sfnlan hbfm ; sn]dn] hbfm 5u' Gxù' ; dbfoof lj sf; hh .

/fhg]ts blj6sf0f+Tj gkfn bzo\ y z fj nl sy-kfu Oltxf; sfno\ ufkfn j æ, dlxifkfn j æ, j ls/fæ j æ+cgbfhL Oæ k=#^ o\NnR5j l j zof ; yfks ; klk-gkfn o\ofs fmfz; g oft . Yj x]j æ-cgbfhL %#^ Oæ k=#lg; jRofu' z t fAb cyfæ YoæYo+ lem; j M bFts z f; g oft . lnR5j l j zof x]z f; gsfno\gkfn of kfllofs Oltxf; sf n z? hh . Pljtxfl; s ; fjt-cleny, dbf, tTsflng lj bz l to\ j ofg, elgj z]f cflb-gkfn of kfllofs Oltxf; Rj oÛ' Sj rfn .

## gkfn d08nof lftkm j Gxoyg

lnR5j l sfnlj; jRofu' zlb ts Pljtxfl; s ; f]kfv]Tj /fhoof tTsflng gf+j lft kflloft hù' b'. cfm ts bu' tTsflng Pljtxfl; s ; f] of cfw/ ylu' /fhoof gf-5j o\Naof sy-Gxoygftlu' b' M wgah|ahfrfo[kfv] ; Dkflbt ælnR5j lsfnsf clenÛ'æo\sj o\Naof]Rj offtlu' b' M ægkfn -/Ho= -tlwæ' gkfn /fho\_æ -kf}!! j ! \$ \_ ægkfn eèhf]-gkfn of hhlk\_æ -kf}\$ \$ @ \_ ægkfn l; dft kftg -gkfn l; dfgf bgðf ; f/f clws/offt\_æ -kf}\$ \$ \* % \_

ægkfnftj Q6 -gkfm bğđf kñs clws/oft\_Æ -kf)%!(

ægkfn eStf)-gkfn /fi6«=Æ -kf)%#\$\_

ægkfn d08nft lgj f; gf]= -gkfn d08n bğđf ; sn;lgj f; Lt\_

ySy+nr5j l sfnlg lj xkf)sy-gkfn d08n /fHo tMw+u'kđfioft h0 . ; g\$^\$ of rfu0 bu':tDefleny sy-dfgb] Gxkfbx+  
k'đf lj bñk ; fdGttoð Sj ToMu' vM . gfk+sfnu08sl kf/Lof dNnk/Lof ; fdGttoð g+nso\xo: xltM ofgm lgoGq0fo\Tlu'  
GXoygftMun+Tsfing gkfn /fHo tMws x]bu'kđfioft hù'b'.

tTsfing lj bžl ofql - lrlgof ofql Xj đ; fu+yMu' ofaf lj j /fo'gkfn /fHo \$))) nl lřđkmofo bđ\wsfm GXoygftMu'  
b' . # nl a/fa/ 5u'df0n vM . ysy-\$))) nl wfožano\#)) df0n h'j'0 . ysy-Xj đ; fuof j ofđ sy-gkfn of cfsf/ yfšxoođ  
gkfn kfoš'u' x]bu'kđfioft hù'b'.

yhMu' x]kđfiof ef/tof cnfxafbo\bu' ; dGbo|u|tof Nj xklt-g Aoù'b' . pu'cleny sy-0Zj l ; Dj tof Kouù' ztFabl ;  
; dGbo|u|tof /fHoof l ; dfgfo\ dt6, sfd?k /fHo -tTsfing sfd?k /fHoo'cflbf cf; fd, l ; lSsd, eđfg nfmj M, gkfn j stk'/  
-sdfrnFbu'GXoygftMu' b' . yu'j ofđ sy-gkfm /fHo sfd?k j stk'/ by0 nfgRj u'kđfioft h0 . yls-g+Tsfing gkfn /fHo  
cflbf gkfm kfoš"x]b'.

kfrlg sfno'gkfm /fHo cyff gkfn d08n cflbf gkfn /fHo kfoš"x]b' . enlu'bđđf k'/ftflj s dfrnřof of sdhf]L-efgm  
:yfglo ; řtkfv]j kđfioft hù'dblg . zřv j dfrnřof\ lqmotf bl f yu' tYooft cem Sj ftu' ?k-kđfioft h'j'0 .

befl'oofo vřk' {dłosfn lg; řj Xt gkfn d08n srf hh'j'g . 0Zj l ; Dj tof lemšuu' ztFabl lg; řj /fHo AofuM hh'+  
klZrd gkfn o\ ; dNn /fHo, k' řblifof lřo\ ; dřu9 kfvs offj z zfi ; t It?xt /fHo j dľbefuo'gkfn d08n /fHo Rj g . v ;  
dNn /fHoof lřđ k'đ\qzhl v; lg; řklZrdo'u9jfn ts j pQ/ tfsnfvř -yfšxoo\Taat\_ lg; řblifof t/fo{ts Gogfj u'hh .  
s offj z zfi ; t lřđ pQ/o\dxef/t kxf8v08, blifof ařuof j uufv; , k'đ'sřzl v; j klZrdo'u08sl v; ts Gogfj u'  
hh . gkfn d08n klZrdo\qzhl, k'đ'knf-rřš lřđ, pQ/o\xdfn lřđ j blifof\dxef/t kxf8 by0 l ; ldt h'j'g . lmk hh'  
olf dNn+ ; g\ \$@\*-\*@\_ yMu' /fHo lj : tf/ ofgm gkfn d08n k'đ'dř u' dřl ts\_ klZrdo'kflkf, pQ/o'yfšxoo\Taat'o'nMu'  
lzs/hř j blifof\afřuof j uuf v; ts Gosflmos'u' vM . ysy-š'0đ nflu-gkfn /fHo xfsG+ř zfn lřđo'Gogfj g . dNn  
hhk;+hs gkfn /fHoof gkfn d08n wfoř'ooš'u' vğđ'.

olf dNn wšfm xfsG-gkfn d08n afenřs srf bnř j g . /fh kl/j f/of bhłtoš]Snž j řř; ; fdGttoð'j Gxk+  
/fhkl/j f/toù' pbo g-efgm ; gVenřofu' ztFabl of k'řđ tsof soffřl křj of lřđo'@ u' /fHot cyff af0{L, u08sl křj of  
lřđo'@ \$ u' /fHot cyff řř; ; l /fHot, g] fl dNn /fHo g-srf bnř : u'dNn /fHo j k'řl{:j u' ; đ /fHot w:j ft . ysy-křřlg  
sfnof 5u' /fHo gkfn d08n dłosfn of cřt tso%@ u' /fHoo\j bnř lan . plk-af0{L, řř; ; l j k'řl{:j u' ; đ /fHoof hhk; +  
yMk+gkfn d08n lřđ bğđf /fHotu' hh' wšfm GXody+ 0Zj l ; Dj tof !# uù' ! \$ uù' btfabl lg; řx] syx+cflbf sf7df8ř-  
pkTosfoft gkfn wšfm GXoygř' rng z? hù' uřřn/fh j zřj nL0 GXoygftMu' l6křđ-kđfioft of0, uy]M-

æ>řfg ; d:blgř]oj gflw/fh gkfn  
; Jj đu/æZdl s -ř] l tÆ  
æ; /qřof ; d:blgř]j uřn j xh]řn ; xfuTo  
gkfn ř]eGuf]blwZr ; j řM  
æx/l; x-b] gkfn laHofsDxÆ

vřnl g] fl dNn hhk; +hs ægkfn d08n /fHoof cj wf/offÆoft gřnř sořřj u' vM . pld; +hs uřřj sy+ægkfn řj /Æ,  
ægkfn d08n řwZj /Æ, ægkfn řj / eksž /LÆ, ægkfn řqij tLÆ, ægkfn ř8řdlořÆ, ægkfn d08n řj /Æ, ægkfn d08n křÆ cflb  
pkflwt wf/off ofMu' Oltxf; kfvs kđfioft h0 . vt'j f:t]j stfof cřwf/o'wfoř' vM f ægkfnÆ j f ægkfn d08nÆ 5u' eřřřhs  
AofVof of ?ko\hsÆ bu' ; lb'.

g] fl dNn hhk; +hs a8řřřřj sy-řj o'GXoygftMu' pkflwt wf/off ofMu' vğđ' . af0{L, řř; ; l j k'řl{:j u' ; đ /fHoof hhk; +  
; řř g+yMk+ gkfn d08n bğđf æřj řj /fHoof hh' wšfm GXoyu' vğđb'.

plk-đNn hhkřgu'hs yMkřgu' /fHo gkfn d08n bğ]bu'GXoygřuln0 uřřj zřnl řř] of0 . gfk-šu'lxGb' /fHoof hh'  
h'uln+lxGb' ; :sřt, ; :sř/ j k/Dk/foft dgg ofgm yMkřgu' /fHoof cj l:yłtoft ysy-GXoyu' vğđ M  
æhDalřk]e/tv08]ef/tj iřř]xdj Tblifof  
křb]gkřnbž}—————Æ

æf/t j if[ef/t v08]cfofj t{bž]lxdj t\  
blifof kfb]gkfn bž]>l kzklt ; lGwfg]—Æ

æhdaläk]e/tv08]ef/tj if[cfofj Qbž]  
lxdk2 blifof kfb]gkfn d08n]>l # kzklt  
; lGwfg]j f; Sl. lqj] flutofm k' \$h]>leQm  
kšg /fhwfGofF0x} k0o edf]—Æ

yHoflu' sy+nIntk/ j sflGtK/ /fHoof hhlk; yMklgu' clenÿ j f b: tfj h'o'Rj sàlu' cfkfn-kdf0ft vgb'.

### **kVj lgf/foof zxfof gkfn af/]cj wf/Off M**

shfbMu' gkfnof cgš /fHo to' Tofs' Tofs' 5wL gkfn /fHo bošÿ' Hof GXofsù' >ð bDx ufjvfof hh' kVj lgf/foof zxfof gkfn af/ðf cj wf/Off sf8df8f]pkTosfo\hs l; ldt hù' vgb'.

ufjvfof hh' kVj lgf/foof zfx yM; Gtfg b/; Gtfgto' yMu' hlj gof clGtd sfno\koù' pkbžo\glGsj MægkfnÆ plnÿ hù' b' uls ÷ of j j ofu' ef/bf/toù' gkfnof cj wf/Off k|6 h0, uù' Sj o\aoftMÿ yM

### **æ>l >l >l % a8f dx/fhf+kVj lgf/foof\_ :j u"; x/ gkfn j lXGkltof /fh -k' l{:j u"; g /fHo\_ sfo]wsfM—**

kVj lgf/foof zfx sfing lzj /fdl; x:j :Goftof sfolk +\_gfx/ l; x:j :Goft, @\_ sX/ l; x:j :Goft, #\_ cledfg l; x:j :Goft j \$\_ wfšn l; x:j :Goftof klj f/ +6k]ofgftMu' Yj pkbžkfv]ufjvfof ef/bf/toù' larf/o'g -sf7df8f]pkTosfoft gkfn wf0u' ; f]fo bu' kdf0ft hù' b'.

ægkfn hh'+g] m dNn hhlk+Dx; Lst] —Æ rGblul/0 Yos]wsfM gkfn ul' vM Gogf j j Vj k vM j on vM j ofvMwsfM Sogflan j lhu'dgo\j u"x]; x/of hh'h0 bM f nf Hoù' vM —Æ ušy gkfnog'h/ laoflan —Æ æ — gkfnog'h' h0 bM fnf Ho"wofy] hoflan —Æ ægkfnof /fh -/fh\_ a:o -cj Zo\_ hofal —Æ

ægkfn g+; j of j of —Æ

ægkfnog\9f0 ofgfu' vM —Æ

æk] /fd ykf+gkfn hšM j f wsfM NxM lan —Æ

æ — gkfn sofu' vM —Æ

æ — j u"; x/ gkfn —Æ

Rj o\GXoygftMu' vRt ufjvfof hh' j ef/bf/toù' larf/o' cfbf sf7df8f]pkTosfoft hs dMbsfnlg; j qlds ?ko\ gkfn wf0u' offt . kflrgsfno/ fhg]ts lqj j Xt gkfn d08n dMbsfnog ofm 5u"efu]hs JofVof\hs l; ldt hh . af0; L, rfa; L j k' l{:j g /fHoof hhlk+ g f g yMk -gkfn d08n lqj bgðf 5u"/fHoof hh' dwfM. kVj lgf/foof zfx-g æ:j u"x/ gkfnÆ wf0 . vfnl lqzhl vl; lg; k' {bwsfZL ts Gogfj u' sf7df8f]pkTosfof :j u"x/ /fhgwfgl bošfM zf; g of0lk -hhlk; -hs yMkGt ægkfnZj /Æ j f gkfn d08n j f gkfn lqj of zfsf ?ko\X; Lsf Aoù' Oltxf; ; flfl b'.

kVj lgf/foof zxfof x]j fSo sy æ:j u"x]; x/ gkfnof g] mÆ wfu' bl; b' f+ta g] m sf7df8f]pkTosf+kg]ylyl dxTj kOf{tfkMu' yfo' uy]tfg; g, 8fðl ; b/dsf, hDnf cflb0 g yMkig wfdš; ; f:s[ts j cfly\$ ultlj lw0 ; lqno h"j b'. of f Tj flbf gf+g vM r vM cflb pu' bu' lqj o\k' r ngfo\tof lan . gfk -of j lguM lkgðf InSsof ul' ðno\cIts -dxTj kOf j ; lqno yfo' uy]eldkMbl, l6i6ª, kfnª, lrtnfª, ; fEf, agkf, wlnv, bñhv cflb g] m hftof dxTj kOf{yfo' vM j hofRj g ltlg . InR5j Lsfnlg l6i6ª eð] fno\bu' hh' j ; Gtb] j czj dfof Nj xklt0 æ:j :tl gkfn]oÆ -gkfn sllof h0df\_ wsfM GXoygftMu' n+ tIsfn cg gkfn hftof afl; Gbf Rj gRj u' kdf0ft h0 .

ufkfn/fh j zef nl sy ægkÆ gfof ufkfnl hftof dg v -of Rj u' GXoygftMu' kfv]ægkÆ hftof dg't x]g] m hftof cflb j f; Lt vM. qlds ?ko\pu' x]hftof gkfv] bðf gf ægkfnÆ Rj g . syx gkfn /fi6 d f q Gogfj g . t/ dMbsfnog fhg]ts ?ko\j eflht h0 wšfM ægkfnÆ j f ægkfn d08nÆ æfu]hs JofVof'of ?ko\hs Rj g . cy] f-g] m hftof dg'to\ fhg]ts ?ko\ l j eflht h0 wšfM g ægkfn d08nÆ ; fdlhs j ; f:s[ts ?ko\yft x]toftMu' b'. uDx GXofDx; f-g k/fk' {sfnlG; j dMbsfn tso\ yu' lqj of m a; faf; ofgM ygo f x]efiff j ; s[lt gfnM g] m hftof l j sf; oft . Ožf k' {vlu' zt fAb l lg; }OZj l ; Dj t !^÷!& ul' zt fAb l ts pQ/ j blifofkfv] ylyl xlg-lj :yflkt hbfM of j ofm ygo f x]efiff j ; s[lt of gfnM Rj gRj lk-g æg] mÆ hh . pld; x]gkfn d08n /fhg]ts ?ko\j eflht h0 wšfM g -sf7df8f]pkTosfoft ægkfn d08nÆ ufj sy wof j ofRj g . ysy+ ægkfn d08nÆ ul' ðno\ fhg]ts JofVof h' f-g+cflm ofm ; f:s[ts j ; fdlhs JofVof ?ko\em g] m hft + ufj sy -dfg] ofg j ofRj gfu' b'.

; Gbe{u(y ; rl